



Welcome to Lorraine's Treatment Room

Hello, I'm Lorraine, a highly experienced and profound practitioner in the fields of massage therapy, complementary health, and beauty treatments. With over 28 years of experience I've dedicated my the majority of my professional life to helping others achieve physical and mental well-being, as well as enhancing their outer beauty through my wide range of services.

My journey as a massage therapist, complementary health specialist, and beauty expert has been nothing short of remarkable. It all started after the birth of my son; I wanted to enjoy my little family and create a greater work/life balance.

From small beginnings my commitment to my clients, the calibre of treatments offered, and my dedication to providing service excellence have earned me numerous industry awards and accolades over the years, making me a multi-award-winning practitioner.

What sets me apart is not only my extensive knowledge but also my ability to create a serene and tranquil environment for my clients.

My treatment room is a sanctuary, a peaceful haven where clients can escape the stresses of daily life and find solace in the healing power of my therapies.

Whether you're seeking relaxation, pain relief, an holistic approach to your well-being, or a beauty treatment, I am the expert you can trust.

My passion for my work, combined with my years of experience, has made me a highly sought-after therapist in the fields of complementary health, massage therapy and aesthetics.

When you step into my treatment room, you can expect to embark on a comprehensive journey of rejuvenation, self-discovery, and enhanced beauty, guided by my capable hands as a true industry veteran.

I look forward too welcoming you to the treatment room soon. In the meantime, if you have any questions or queries, please do drop me an email.

Lorraine's Signature Treatments for the ultimate experience

Signature Massage

Prepare to be enchanted by this Signature Massage—an unparalleled, full-body massage experience unlike any other!

This indulgent, top-to-toe massage seamlessly blends full-body massage with the rejuvenating touch of Indian head massage and the holistic wonders of reflexology. Immerse your mind, body and soul in this pampering extravaganza that aims to leave you profoundly relaxed, tranquil, rebalanced yet reinvigorated. Feel any stresses and strains float away as you are transported to a realm of serenity and balance where relaxation knows no bounds.

£96

110 Mins

Aroma-Spa Signature Holistic Facial

Indulge in the ultimate facial experience, a transformative journey beyond relaxation. As you sink into the heated treatment couch, wrapped in a cozy blanket, serenity, tranquility, and inner security envelop you.

Your experience begins with a balancing ritual and chakra crystal placement, instilling calmness and balance. Your path to relaxation continues with the application of pre-warmed aromatherapy facial products, administered with finesse, soothing your mind into profound relaxation.

Your premium treatment combines hands-on techniques and crystal therapy, featuring Rose-Quartz for healing and energising and Jade for gentleness and nourishment. This comprehensive facial includes a double cleanse, exfoliation, shoulder and décolleté massage, facial massage, premium masque, scalp massage, serums, lymphatic drainage massage, and moisturiser application. Immerse yourself in this harmonious convergence of beauty and well-being, a truly transformative journey.

£84

95 Mins

Signature Reflexology

Treat your feet to the ultimate indulgence with Signature Reflexology ~ a lavish 80-minute experience that pampers you from the ground up.

This comprehensive treatment commences with soothing massage to your lower legs and feet. Employing advanced reflexology techniques both feet are treated three times, helping balance them to perfection.

The grand finale of this rejuvenating journey features energy linking, enhancing the overall treatment benefits and promoting a profound sense of harmony across your mind, body, and spirit.

Reflexology is renowned for its restorative and calming properties, facilitating the body's innate healing processes, aiding in the removal of metabolic waste, and fostering deep relaxation and rebalancing.

Elevate your well-being and stride towards harmony and optimal vitality with this premium treatment.

£73

80 Mins

massage therapies to relax & revive

Aromatherapy Massage

Let the combination of soothing essential oils and specialised massage techniques caress your senses, melting away any stress and tension. A bespoke blend of aromatherapy oils and gentle targeted massage will tailor this treatment to your needs, helping to leave you feeling refreshed, revitalised, rebalanced and deeply relaxed.

Aromatherapy can not only help ease physical tension, it also calms the mind promoting mental clarity and emotional balance.

Immerse yourself in a fragrant oasis of well-being and discover the transformative power of aromatherapy. Elevate your senses, nurture your body, and embark on a journey to total relaxation.

£31

30 Mins

£53

60 Mins

£75

90 Mins

Aromastone Massage

Experience the blissful fusion of nature's healing elements with an Aromastone massage. This unique therapy seamlessly blends the therapeutic benefits of essential oils with the soothing power of prescriptively applied basalt and jade stones. As I expertly apply both heat and fragrant oils to your body, tension and stress will melt away, leaving you in a state of profound relaxation. The heat from the stones penetrates deep into muscles, promoting circulation and aiding with the release of tension knots. Aromatic oils elevate your senses, enhancing the overall therapeutic effect. Aromastone massage offers an holistic journey to rejuvenation, where warmth and fragrance come together for an unforgettable wellness experience.

£34

30 Mins

£57

60 Mins

£81

90 Mins

Bamboo Massage

This specialised treatment harnesses the natural strength of gently heated bamboo sticks to delve deep into your muscles, releasing tension and knots with precision and grace. The soothing warmth enhances relaxation whilst the bamboo's firmness targets those stubborn muscle knots. This invigorating yet calming experience promotes circulation, eases pain, and should leave you feeling renewed. Let me transport you to a realm of deep muscle relief and tranquility, where the gentle touch of bamboo leads to profound relaxation and revitalisation, making it the perfect choice for restoring both body and mind.

£31

30 Mins

£55

60 Mins

massage therapies to relax & revive

Deep Tissue / Sports / Remedial Massage

Revitalise your body and enhance performance with this Deep Tissue Massage. Not just for athletes or active clients, this therapeutic massage is tailored to your unique needs and targets deep-seated tension, muscle knots, and injury-related discomfort.

Employing precise techniques to help alleviate muscular stress, improve flexibility, and expedite recovery. Whether you're an athlete seeking peak performance or dealing with chronic pain, this specialised massage restores function and mobility, promotes healing, reduces inflammation, and unlocks your body's potential.

Deal with stubborn aches and pains, rediscover your vitality and excel in your active lifestyle with this massage – an holistic approach to well-being for the active you.

£31.5

30 Mins

£54.5

60 Mins

G5 Massage - Deep Tissue / Cellulite Massage

Elevate your wellness journey with a G5 Massage, the therapy designed to invigorate and revitalise. Utilising a high-frequency, percussive massager, this treatment penetrates deep into muscle tissue, effectively targeting tension, stiffness, and stubborn knots. The G5's rapid and powerful movements stimulate circulation, promoting lymphatic drainage and reducing the appearance of cellulite.

It's an ideal choice for those seeking a dynamic massage experience that not only soothes aching muscles but also enhances skin tone and texture. Discover a new level of relaxation and rejuvenation with G5 Massage, a transformative approach to both muscular and cosmetic wellness in one harmonious session.

£33.5

30 Mins

£41.5

40 Mins

Holistic / Swedish Massage

Indulge in the timeless therapeutic benefits of traditional Swedish massage. Rooted in centuries-old techniques, this massage can be invigorating or soothing. Artfully combining long, flowing strokes, gentle kneading, and soothing friction to unlock a world of relaxation. Ideal for reducing muscle tension, improving circulation, and fostering a deep sense of calm. This really is the quintessential massage with pressure tailored to your preference, ensuring a personalised experience. Escape into serenity as this massage leaves you feeling restored, refreshed, and ready to embrace life's challenges with a newfound sense of well-being.

£29.5

30 Mins

£52.5

60 Mins

£76.5

90 Mins

massage therapies to relax & revive

LaStone Massage

LaStone Massage is a transcendent experience that seamlessly merges the therapeutic properties of warmed basalt and jade stones with the cooling touch of marble. This unique therapy harmonises the contrasting energies of hot and cool to create an holistic balance. Heated basalt and jade stones gently release tension and melt away stress, while the cooler marble stones provide a refreshing and invigorating sensation, promoting circulation and reducing inflammation. Together, the stones induce a deep state of relaxation, alleviate muscle discomfort, and promote overall well-being. LaStone Massage is a transformative journey that harnesses the healing power of nature's elements, leaving you feeling rejuvenated and harmonised in both body and spirit.

£31

30 Mins

£55

60 Mins

£79.5

90 Mins

LaStone Deep Tissue Massage

LaStone Deep Tissue Massage takes the transformative power of LaStone therapy to the next level. This specialised treatment combines the soothing warmth of heated stones with an increased use of cooler stones. The strategic integration of more cold stones allows for deeper yet more comfortable work on areas of congestion and tension. The heated stones relax and prepare the muscles, then cooler stones provide targeted relief by reducing inflammation and promoting circulation.

This harmonious blend of temperatures penetrates deep into the tissues, making it ideal for those seeking therapeutic relief from stubborn knots and muscle tension. LaStone Deep Tissue Massage offers a profound and revitalising experience, leaving you feeling renewed and re-energised from head to toe.

£34

30 Mins

£57.5

60 Mins

Manual Lymphatic Drainage Massage

Discover the gentle and transformative benefits of Manual Lymphatic Drainage (MLD) Massage. This specialised therapy focuses on stimulating the lymphatic system, aiding in the removal of metabolic waste and reducing swelling and odema. Precise, rhythmic hand movements encourage the natural flow of lymphatic fluid, promoting detoxification and enhancing your immune system. MLD is particularly effective for post-surgery recovery, lymphedema management, and overall wellness. It offers a soothing and non-invasive experience, leaving you feeling lighter, refreshed, and rejuvenated. Experience the healing touch of MLD and embark on a journey to promote your body's natural cleansing and rejuvenating processes.

£31

30 Mins

£52

60 Mins

£83

90 Mins

massage therapies to relax & revive

Oncology Massage

Oncology Massage is a compassionate and specialised therapy tailored to individuals whose lives have been touched by cancer. Whether you are in remission or presently navigating the challenges of cancer this massage meets your unique needs. Gentle and nurturing this massage aims to provide comfort, reduce anxiety, and alleviate symptoms such as pain and fatigue. Carefully adapted techniques ensure your safety and relaxation whilst taking into account any medical considerations, interventions or treatment side effects. Beyond physical relief Oncology Massage offers emotional support and a respite from the stress of cancer treatment. ~ this holistic approach to healing honours the individual's journey promoting a sense of well-being during a challenging time.

£35

30 Mins

£62

60 Mins

Indian Head Massage

Experience the ancient art of relaxation with an Indian Head Massage. Rooted in Ayurvedic tradition, this therapeutic treatment focuses on the head, neck, and shoulders, offering a rejuvenating escape from daily stresses. Incorporating a blend of gentle strokes and acupressure techniques to release tension, improve circulation, and soothe the mind. Beyond physical benefits, this massage is believed to promote mental clarity, reduce anxiety, and enhance your overall well-being. It's an holistic journey where your senses are awakened, and your energy is balanced. Dive into tranquility with an Indian head massage and emerge feeling refreshed, revitalised, and ready to face the world with a newfound sense of serenity.

£29.5

30 Mins

£41.5

40 Mins

Bamboo Massage

This specialised treatment harnesses the natural strength of gently heated bamboo sticks to delve deep into your muscles, releasing tension and knots with precision and grace. The soothing warmth enhances relaxation whilst the bamboo's firmness targets those stubborn muscle knots. This invigorating yet calming experience promotes circulation, eases pain, and leaves you feeling renewed. Let your skilled therapist transport you to a realm of deep muscle relief and tranquility, where the gentle touch of bamboo leads to profound relaxation and revitalisation, making it the perfect choice for restoring both body and mind.

£31

30 Mins

£55

60 Mins

90 Mins

LaStone experiences to relax & rebalance

LaStone Signature Treatment 95 Mins £84

This is one of those 'other level' treatments where you feel a bit fuzzy afterwards. A full body massage and reflexology where basalt, jade, rose quartz and marble stones work harmoniously to soothe and release any areas of tension giving you a deep sense of relaxation.

LaStone Original Journey 75 Mins £67.5

Quite possibly the massage of your dreams! Considered by many to be the ultimate full body treatment. Combining heated basalt and jade, cooler marble, semi-precious stones and crystals. A truly holistic experience that will help soothe away any stress, anxiety or tension you may be holding onto and bring balance to your mind, body, and soul

LaStone Massage 30-90 Mins from £31

Heated smooth basalt & jade stones soothe your muscles and ease away your tensions whilst cooler marble stones assist in reducing any inflammation and tissue trauma. This treatment allows your body to be healed whilst at the same time enabling you to enter into a sublime level of relaxation.

LaStone Aromastone 30-90 Mins from £34

Take your bespoke aromatherapy massage to the next level with the addition of prescriptively applied warmed and cooled stones. This divine massage has it all! Delivering, to you, the ultimate in calm and relaxation; balancing your mind, your body and your soul.

LaStone Deep Tissue 30-60 Mins from £34

Using deep-tissue and neuro-muscular techniques this is a deep massage for tissue repair and stress reduction. Utilising stones of varying temperatures enables me to work more deeply on your painful, tight muscles without the pain discomfort that can sometimes be experienced with a massage of this kind.

LaStone Back Soother 45 Mins £42.5

This treatment begins with a spinal layout – said to be equivalent of a 20 minutes back massage. Especially selected crystals and stones will be placed on your Chakras then a divine face and scalp massage is performed. After turning, your back is then treated to a geothermal massage to release tensions and leave you feeling on top of the world.

Sticks and Stone Fusion 75 Mins £66

Probably the ultimate 'heated' massage. Let the sticks and stones relax your body into total submission! Smooth, heated, basalt stones will warm and relax your muscles, then warmed bamboo canes are incorporated. The warm bamboo allows me to bring more strength and work more deeply into your muscles.

LaStone is not just any hot stone massage, it is the the original geothermy therapy and considered by many to be the best!

LaStone therapy utilises stones as an extension of the therapist's hands. Most commonly basalt, jade, marble and rose quartz are used. Heated stones penetrate deeply into your muscles melting away any areas of congestion and tension, whilst cooler stones ease inflammation, stimulate your lymphatic system and encourage the release of metabolic waste.

Alternating temperatures helps bring about a chemical release within your body's systems and assists your body's healing

Developed many years ago this method of vascular gymnastics is scientifically and medically proven.



Complementary and alternative therapies experiences to balance mind, body & soul

LaStone Energy Treatment 60 Mins £58.5

Starting with the LaStone ritual, warmed stones and crystals are carefully placed on your seven main chakras connecting your energy from head to toe. You are then cocooned in stones of varying temperatures before an energy treatment of your choice is carried out.

Reiki 30-60 Mins from £31

Reiki is a gentle, non-invasive form of energy healing that is generally accepted to be suitable and safe for everyone. As a Reiki Master I use my hands to guide energy to your body. Your body then uses this energy to facilitate healing and restore balance at every level – physical, psychological, emotional and spiritual.

Ear Candling 40 Mins £42

Indulge in the gentle and soothing therapy of ear candling, a natural and holistic approach to ear care. This centuries-old practice not only aids in the removal of excess earwax but also offers relaxation and well-being benefits by balancing ear pressure and promoting a sense of tranquility and clarity.

Oncology Massage 30-60 Mins from £35

Oncology massage is tailored to you; your health, the treatment you are receiving and your well-being. It uses expert techniques and can be gentle & relaxing or a firmer, deeper yet gently adapted massage working within your body's boundaries addressing muscular tension & injuries.

Oncology Crystal Facial 55 Mins £53.5

Chemotherapy and radiotherapy can cause damage to your skin, making skincare essential. This facial employs gentle aromatic products to safely nourish and soothe the skin. Specialist techniques, including massage, gentle acupressure, and crystal therapy, are blended with natural products in this treatment for the décolleté, face, and scalp.

Clinical Aromatherapy 4 x 75 Mins £225

Clinical Aromatherapy is the therapeutic use and application of essential oils for therapeutic outcomes. Your body can really benefit from weekly sessions. Your health, body's requirements, objectives and expectations are discussed, a treatment plan is agreed and essential oils are blended to best achieve these desired results.

Clinical Reflexology 60 Mins £53.5

All the systems of the body are worked on the feet~ musculoskeletal, respiratory, digestive, urinary, endocrine, nervous, and lymphatic. Working gently and rhythmically, I am able to detect any imbalances that may be present as a result of stress, illness or injury and stimulate these areas with advanced techniques to encourage your body's self-healing and to facilitate homeostasis.



Reflexology experiences to relax & rebalance

Signature Reflexology 80 Mins £73

Spoil your feet with the ultimate reflexology treatment. Your feet are treated with advanced reflexology techniques and your treatment concludes with energy linking which enhances your experience and helps bring harmony to your mind, body, and spirit.

Reflexology 45 Mins £39.5

Reflexology is an extremely restful and calming treatment, allowing your body and mind to relax. All the systems of your body work optimally when they are in harmony; when your body, mind and spirit are balanced. Reflexology is carried out fully clothed with just your lower legs and feet exposed.

Reflexology Lymphatic Drainage 45 Mins £41

Reflexology Lymph Drainage is an award-winning Reflexology treatment that specifically targets your lymphatic system. RLD is a very effective way of stimulating your body's own response to reduce swelling, clear out metabolic waste and blockages whilst increasing your ability to fight infection. Assist with management of secondary lymphoedema.

Reflexology for Menopause 45 Mins £41

Reflexology has been found to be very effective in helping both the physical and emotional symptoms of the peri/menopause without the side effects associated with drug based treatments. This advanced treatment focuses on balancing the endocrine system.

LaStone Reflexology 45 Mins £42.5

Lavish your feet and lift your soul with this luxury reflexology treatment. Adding warmed, smooth basalt and deliciously cooled marble stones will take your treatment to the next level! This deluxe reflexology treatment includes spinal layout and crystal chakra placement.

Aroma-Reflex 60 Mins £54.5

Aroma-Reflex combines the power of essential oils and reflexology. Imagine the deep relaxation you feel with a nurturing reflexology treatment; now add the delightful scents of bespoke blended essential oils, inhale their therapeutic aromas as you relax whilst receiving your extra long reflexology session.

Clinical Reflexology 60 Mins £53.5

All the systems of the body are worked on the feet~ musculoskeletal, respiratory, digestive, urinary, endocrine, nervous, and lymphatic. Working gently and rhythmically, I am able to detect any imbalances that may be present as a result of stress, illness or injury and stimulate these areas with advanced techniques to encourage your body to achieve homeostasis and facilitate self-healing.

Reflexology is a non-intrusive complementary health therapy based on the theory that your organs and different areas of your body are mirrored in your feet, lower leg, hands, face, or ears. The most widely performed reflexology is foot reflexology and these are the treatments I offer.

Reflexology is a totally holistic therapy ~working on your mind, your body, and your spirit.

Reflexology is an extremely restful and calming treatment allowing the body and mind to relax. All your body's systems work optimally when they are in harmony; when your body, mind and spirit are balanced. Allowing your mind and body to deeply relax during your reflexology treatment helps assist with restoring your body's own natural equilibrium.



INNOVATION IN REFLEXOLOGY
APPROVED RLD PRACTITIONER



LORRAINE'S
TREATMENT
ROOM

Facial experiences to relax & rejuvenate

Signature Facial

75 Mins

£74

The Aroma-Spa Signature Holistic Facial is the ultimate facial experience! Your treatment starts with an opening ritual and the placement of crystals on your chakra points. A combination of hands on and crystals are used throughout your premium treatment.

Ultra-Relaxing Facial

60 Mins

£55.5

Indulge yourself with this amazing facial – you deserve it! Commencing with a relaxing back, neck and shoulder massage to soothe away your stresses and strains. You will then receive a divine, relaxing, results-driven facial using premium aromatherapy based skincare products. Includes wonderful face, neck, décolleté and scalp massage.

Indulgent Monthly Facial

60 Mins

£55

This results-driven facial takes your skin care one step further. This treatment uses intensive exfoliants, potent aromatic essential oil blends, powerful targeted serums and speciality masques to help you achieve the best skin possible.

Deluxe Monthly Facial

45 Mins

£43.5

Achieve the best skin possible, with a prescriptive facial tailored to your current skin condition. Aromatherapy based products are especially selected for your skin type and concerns.

Time-Stressed Facial

30 Mins

£32

Ideal for those short on time., this facial is also perfect as enhancement to your body treatment or as an express facial add-on. Using skin-care products chosen especially for you, this mini-treatment will refresh, revive, and nourish your skin whilst your senses will be delighted with the professional essential oil infused facial products

LaStone® FaceSculpt Crystal Facial

60 Mins

£53.5

Combining gently heated basalt, rose quartz gua-sha, and jade with subtly cooled marble, crystals and semi-precious stones, this facial is truly out of this world!

Starting with energy connections and chakra placement, this amazing LaStone facial is considered by many to be a whole body experience!

Microdermabrasion

30/60 Mins

£32/55

A microdermabrasion facial can help exfoliate your skin, unclog pores and aid with the removal of dull, dead skin cells encouraging cellular turnover. Your skin should look fresher, healthier and with a wonderful glow.

Take your microdermabrasion facial to the next level by including a divine décolleté and facial massage followed by a results-driven, specialised facial mask to help soothe, refine and nourish your skin.

At Lorraine's Treatment Room, every facial is delivered with your well-being in mind and to achieve the best results possible.

All facials use premium and professional Eve Taylor aromatherapy skincare products.

All my facials will care for and nurture your skin PLUS, working holistically, also benefit your mind, your body, and your spirit.

In skincare results are predominately cumulative. Please remember that, no matter which facial you choose, whilst your skin will feel fabulous after just one treatment, the maximum results are always achieved when treatments are performed regularly.

Please advise on booking if you are vegan and I will ensure your facial treatment is vegan-friendly.



Packages experiences to indulge your mind, body & soul

Pure Indulgence Package 180 Mins £155

Imagine how great you will feel after 3 hours of top-to-toe pampering! This amazingly indulgent, deluxe package includes: Nourishing Manicure, Reflex-pedi, and full body Massage ~ relaxing, soothing, or invigorating ~ finishing with a premium aromatherapy facial

Ultimate Luxury Relaxation 110 Mins £98

This truly indulgent package combines full body massage with reflexology and Indian head massage. ...almost two hours of relaxation, that should leave you feeling completely relaxed, restored and rebalanced.

Holistic Heaven 90 Mins £84.5

Top to toe pampering – full body aromatherapy massage followed by reflexology. Take time out with this wonderfully relaxing complementary therapy combination. With essential oils blended especially for you, this package can help recharge and re-balance.

Stress Buster 90 Mins £84.5

This wonderfully relaxing package includes an aromatherapy full body massage followed by an indulgent monthly facial using professional, aromatherapy products selected for your skin concerns and is completed with a scalp massage. Please advise if you are vegan when booking.

Chosen By You 90 Mins £84.5

Imagine how you will feel after 90 minutes of your choice of luxurious treatments. Design your own luxury, bespoke package. Choose your favourite treatments from the selection available for your ultimate pampering experience.

Monthly Maintenance for Men 90 Mins £83

A perfect combination including Back Massage, Express Facial, and Manicure. Lasting 90 minutes this package aims to leave you looking your best and feeling amazing.

Crysal & Stone Calmer 80 Mins £80

This is one of those treatments that leaves you feeling completely relaxed and possibly a little 'fuzzy'. LaStone back massage & LaStone Crystal facial. Using basalt, crystals and other semi-precious stones, this is an experience like no other!



Packages experiences to indulge your mind, body & soul

Tranquility 75 Mins **£67**
This combination of bespoke aromatherapy back massage and a Deluxe Monthly facial using premium aromatherapy skincare will assist in soothing away your tensions and transporting you to a level of tranquility rarely found in your everyday life.

Yummy Mummy Top-to-Toes 75 Mins **£67**
This combination is perfect for mums -to-be and new mummies. Firstly you will receive the Indulgent Warm Oil Foot Treat – this is the perfect antidote for your tired feet; then follows a wonderful aromatherapy based facial with products selected especially for your current skin condition.

Gents Ready-Set-Go 65 Mins **£55.5**
Back wax, pedicure, eyebrow tint, optional eyebrow shape
Jetting off on holiday or just hoping to look great in a pair of speedos? This package combines a Back Wax, unisex pedicure, eyebrow tint PLUS a complimentary eyebrow shape/ tidy (if requested), to keep you looking your best on the beach!

Head-Over-Heels 60 Mins **£53.5**
This perfect package starts with an Indian head massage that will gently ease away any tensions in the shoulders, neck and scalp. Then follows a relaxing massage of the feet and lower legs, working away any aches and pains and helping to remove any lymphatic congestion in that area leaving you with lighter feeling feet and truly relaxed. Perfect for everyone this treat is particularly enjoyed by yummy mummies.

Flying High 45 Mins **£45**
Back massage, head massage, decollette massage and facial pressure point massage. This relaxing and indulgent 4 in 1 package that will leave you feeling relaxed, refreshed, rejuvenated, and refreshed.

Express Destress 30 Mins **£31.5**
This 3 in 1 treat consists of back massage, head massage, and foot massage using specialist techniques, to help you feel truly relaxed and to recharge and re-balance. It is the perfect de-stressing and re-balancing treatment for your busy life.

Seasonal Specials Varies **£varies**
Would you like to experience an amazing treatment?
Would you like to try a limited edition package?
I regularly create unique experiences and rituals for you to enjoy. These 'specials' always represent excellent value for money. Why not check out this months elite packages and treat yourself to something new,



Gentlemen experiences just for boys!!!

Gentleman's Time-Out Facial 60 Mins £55.5

Take some time to rejuvenate, refresh and energise! Starting with a back massage to work on any stresses and strains in your back, neck and shoulders, there then follows a luxurious facial, using premium products that will treat, and nourish, your skin.

Gents Ready-Set-Go 65 Mins £55.5

Back wax, pedicure, eyebrow tint, optional eyebrow shape
Jetting off on holiday or just hoping to look great in a pair of speedos? This package combines a back wax, unisex pedicure, eyebrow tint PLUS a complimentary eyebrow shape/ tidy (if requested), to keep you looking your best on the beach!

Gentleman's Time-Stressed Facial 30 Mins £32

This 30 minute facial is ideal for those short on time. It's also perfect as enhancement to your body treatment with as an express facial add-on. Using skin-care products chosen especially for you, this mini-treatment will refresh, revive, and nourish your skin whilst your senses will be delighted with the professional facial products. You will be completely relaxed and your skin replenished, hydrated and protected. Suitable for all male skin types.

Waxing for Men

Back, Neck & Shoulder
Shoulder & Neck
Chest
Chest & Abdomen
Back, Shoulder, Neck, Chest & Abdomen
Eyebrows

- Please note, intimate waxing for men is not available at Lorraine's Treatment Room

All treatments treatments listed on the website are available to men. Please do contact me if you have any questions.



Beauty experiences that go beyond skin deep

Waxing

AWaxing is available in either warm wax, which uses strips to remove, or hot wax. All waxes, along with the pre and post care lotions are vegan-friendly. Waxing is available from eyebrows to toes and everything in between!

Lash & Brow Bar

Eyebrows ~ tinting
Eyebrows ~ shaping with tweezers, wax, or threading.
Eyelashes ~ eyelash tinting
Eyelash lift
Eyelash perm

Hands

Nail tidy and paint
Old-School unisex manicure
Deluxe Manicure
Medi-Hand Treatment

Feet

Footlogix Fast-Fix
Footlogix Foot Treatment
Classic unisex pedicure
Luxury unisex pedicure
Toe tidy and paint

